

Come join us on our Wednesday evening hours 6a to 8p, on April 19th.

<p>Tuesday, April 4th 9:00 am- Coffee & Conversations 9:30am- Wellness Chair Massage (\$1 per minute, minimum 10 minutes) 11:00 am- Chair Fit 11:00 am- <u>Hearing Life Presentation</u> 12:00 pm- Lunch provided by <u>Hearing Life, must pre-order!</u> 1:00 pm- Bingo</p>	<p>Wednesday, April 5th 9:00 am- Coffee & Conversations 10:00 am- Yoga 11:00 am- <u>WISE Program</u> 11:00 am- <u>Woodworking w/ Bill, Window Bird Feeders.</u> \$3 for Members/ \$5 for Non Members 12:00 pm- Lunch by TCOA 1:00 pm- Bingo</p>	<p>Thursday, April 6th 9:00 am- Coffee & Conversations 10:00 am- Cardio Drumming 11:00 am- <u>PT w/ Angela Krawiec, Core & Balance Exercises</u> 12:00 pm- Lunch by TCOA 1:00 pm- Bingo</p>
<p>Tuesday, April 11th 9:00 am- Coffee & Conversations 9:00 am- Tai Chi 10:00 am til Noon- <u>Tech Tuesday w/ Kenny</u> 10:00 am- <u>Spring Soaps & Easter Candy w/ Nancy</u> (\$1 for Members/ \$2 Non Members) 11:00 am- Chair Fit 12:00 pm- Lunch by TCOA 1:00 pm- Bingo</p>	<p>Wednesday, April 12th 9:00 am- Coffee & Conversations 10:00 am- Yoga 11:00 am- <u>WISE Program</u> 12:00 pm- Lunch by TCOA 1:00 pm- Bingo</p>	<p>Thursday, April 13th 9:00 am- Coffee & Conversations & <u>Tina's Trivia/Time Travel</u> (sponsored by CADL) 10:00 am- Cardio Drumming 11:00am- <u>Along the Fence Daylily Presentation</u> 12:00 pm- Lunch by TCOA 1:00 pm- Bingo</p>
<p>Tuesday, April 18th 9:00 am- Coffee & Conversations 9:00 am- Tai Chi 10:00 am- <u>Spring Votives w/ Nancy</u> 11:00 am- Chair Fit 12:00 pm- Lunch by TCOA 1:00 pm- Bingo</p>	<p>Wednesday, April 19th 9:00 am- Coffee & Conversations 10:00 am- Yoga 11:00 am- <u>WISE Program</u> 12:00 pm- Lunch by TCOA 1:00 pm- Bingo</p> <p style="text-align: center;">Evening Hours: 6p-8p</p> <p>6:00p- Games, Puzzles, and Treats</p>	<p>Thursday, April 20th 9:00 am- Coffee & Conversations 10:00 am- Cardio Drumming 11:00 am- <u>Harmonica for Fun</u> 12:00 pm- Lunch by TCOA 1:00 pm- Bingo</p>
<p>Tuesday, April 25th 9:00 am- Coffee & Conversations 9:00 am- Tai Chi 10:00 am- <u>Soaps & Bath Salts w/ Nancy</u> (\$1 for Members/ \$2 Non Members) 11:00 am- Chair Fit 12:00 pm- Lunch by TCOA 1:00 pm- Bingo</p>	<p>Wednesday, April 26th 9:00 am- Coffee & Conversations 10:00 am- Yoga 11:00 am- <u>WISE Program</u> 12:00 pm- Lunch by TCOA 1:00 pm- Bingo</p>	<p>Thursday, April 27th 9:00 am- Coffee & Conversations & <u>Tina's Trivia/Time Travel</u> (sponsored by CADL) 10:00 am- Cardio Drumming 11:00 am- <u>Stockbridge High School Choir Performance</u> 12:00 pm- Lunch by TCOA 1:00 pm- Bingo</p>



We are on a mission for GROWTH, we would love your help! Please consider helping us to continue our mission of enriching lives. **Email us** @: sasc49285@gmail.com or **mail us** a correspondence with a check to: PO Box 551 Stockbridge, MI 49285 (please make checks out to CSC our Fiduciary, in memo field add-SASC, 100% goes to SASC)