

Tri-County Office on Aging Nutrition Department
 Senior dining sites 517-887-1393
 5303 S Cedar St Bldg 1 Lansing, MI 48911

April 2023
Hot Meal Program Menu

**Menu is subject to change. Margarine is served with bread when served alone.

Skim milk is offered with every meal. You may choose to opt out.

Please call Stockbridge Area Senior Center at 517-480-0353 with questions or to reserve your lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/3/2023	4/4/2023	4/5/2023	4/6/2023	4/7/2023
	NO TCOA lunch today SASC lunch provided by Hearing Life (Sub sandwiches, chips, cookies)	Baked Spaghetti Broccoli Carrots Peaches Sugar Cookie Skim Milk	Tuna Casserole Green Peas Brussel Sprouts Pears Dinner Roll Skim Milk	
4/10/2023	4/11/2023	4/12/2023	4/13/2023	4/14/2023
	Creamy Chicken Pasta Diced Carrots Mixed Vegetables Applesauce Skim Milk	Pork Chop Mashed Potatoes Spinach Orange Wheat Bread Skim Milk	Turkey Tetrazzini Tossed Salad Green Beans Pineapple Dinner Roll Skim Milk	

4/17/2023	4/18/2023	4/19/2023	4/20/2023	4/21/2023
	Chicken & Dumplings Carrots Spinach Applesauce Wheat Bread Skim Milk	Shepards Pie Tossed Salad Brussel Sprouts Peaches Dinner Roll Skim Milk	BBQ Chicken Mashed Potatoes Green Beans Pears Dinner Roll Skim Milk	

4/24/2023	4/25/2023	4/26/2023	4/27/2023	4/28/2023
	Roast Beef Cauliflower Peas Peaches Corn Muffin Skim Milk	Pork Chop Mashed Potatoes Broccoli Orange Dinner Roll Skim Milk	Turkey Stew Tossed Salad Strawberry Applesauce Biscuit Skim Milk	