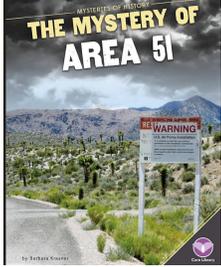


Stockbridge Area Senior Center • Hours: Monday - Thursday, 9:00am to 3:00pm
February 2026 Calendar • Phone Number : (517)-480-0353

**Come join us for our Wednesday - Evening Activity Night
February 18th from 6:00 pm to 8:30 pm**

<p>Tuesday, February -3th 9:00am - Coffee & Conversations 10:00am - Tai Chi 11:00am - Chair Fit 12:00pm - Lunch 1:00pm - Bingo</p>	<p>Wednesday, February -4th 9:00am - Coffee & Conversations 10:00am - Yoga by: Diane Morse 11:00 am - Line Dancing 12:00pm - Lunch 1:00pm – Bingo</p>	<p>Thursday, February - 5th 9:00am - Coffee & Conversation 9:30-am CADL Trivia 10:00am - Cardio Drumming 11:00am- Art For Your Mind 12:00pm - Lunch 1:00pm - Bingo</p>
<p>Tuesday, February - 10th 9:00am - Coffee & Conversations 10:00am - Tai Chi 11:00am - Chair Fit 12:00pm - Lunch 1:00pm - Bingo 5:45pm-Board Meeting</p>	<p>Wednesday, February -11th 9:00am - Coffee & Conversations 9:30-am Ascendant Foot Care 10:00am – Yoga w/Diane Morse 11:00 am - Line Dancing 12:00pm - Lunch 1:00pm – Bingo</p>	<p>Thursday, February - 12th 9:00am - Coffee & Conversations 10:00am - Cardio Drumming 11:00am - Mcdonald Brothers Music Presentation</p>  <p>12:00pm - Lunch 1:00pm – Bingo</p>

<p>Tuesday, February - 17th 9:00am - Coffee & Conversations 9:30am Blood Pressure Checks with Angie Adiska 10:00am - Tai Chi 11:00am - Chair Fit 12:00pm-Lunch 1:00pm – Bingo</p>	<p>Wednesday, February - 18th 9:00am - Coffee & Conversations 10:00am - Yoga by: Diane Morse 11:00 am - Line Dancing 12:00pm - Lunch 1:00pm-Bingo Evening Activities 6:00pm – 8:30 p.m. Board Games, Puzzles, and More</p>	<p>Thursday, February - 19th 9:00am - Coffee & Conversations 9:30-am CADL Trivia 10:00am - Cardio Drumming 11:00am- Euchre Hour 12:00pm - Lunch 1:00pm – Dave Trojan Area 51 Presentation</p> 
<p>Tuesday, February - 24th 9:00am - Coffee & Conversations 10:00am - Tai Chi 11:00am - Chair Fit 12:00pm - Lunch 1:00pm - Bingo</p>	<p>Wednesday, February -25th 9:00am - Coffee & Conversations 10:00am - Yoga by: Diane Morse 11:00 am - Line Dancing 12:00pm - Lunch by TCOA 1:00pm – Bingo</p>	<p>Thursday February – 26th 9:00am - Coffee & Conversations 10:00am - Cardio Drumming 11:00am- Behavioral Health Navigators Presentation 12:00pm - Lunch 1:00pm - Bingo</p>

We are on a mission for **LONG TERM SUSTAINABILITY**. Please consider donating to help us enrich lives. Phone: (517) 480-0353, **Email us @:** sasc49285@gmail.com for more info, **or mail donation Correspondence** to SASC PO Box 511 Stockbridge, MI 49285 (Updated 01-11-2025)